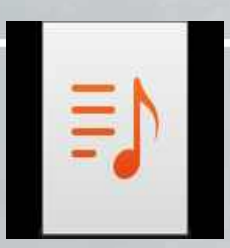
God Help Me



There is a wrestling in my heart and my mind
A disturbance and a tension I cannot seem to drive
And if I'm honest, there's quite a bit of fear
To sit here in this silence and really hear You
What will you ask of me?
Will I listen to your voice when you speak?

Help me to move Help me to see
Help me to do whatever you would ask of me
Help me to go God help me to stay
I'm feeling so alone here
And I know that You're faithful
but I can barely breathe
God help me

Sometimes things, they are black and white
Sometimes they are not and it leaves us torn inside
And in the middle we are left to wonder
Who we are, what You want and where we're going
Oh such a mystery
I don't always understand

I don't know the future
It's one day at a time
But I know I'll be okay with Your hand holding mine
So take all my resistance
Oh God I need Your grace
One step and then the other show me the way
Show me the way

Help me to move Help me to see
Help me to do whatever you would ask of me
Help me to go God help me to stay
I'm feeling so alone here
And I know that You're faithful
but I can barely breathe
God help me